

CALVARY CHAPEL BEACHSIDE



Rise Up
WOMEN'S BIBLE STUDY

6 - 8 PM EVERY OTHER THURSDAY

"That Christ may dwell in your hearts through faith; that you, being rooted and grounded in love, may be able to comprehend with all the saints what is the width and length and depth and height - to know the love of Christ which passes knowledge; That you may be filled with all the fullness of God."

- Ephesians 3:17-19



Book of Ephesians

MEETINGS & READING SCHEDULE

FEBRUARY 29TH:	EPHESIANS OVERVIEW
MARCH 14TH:	EPHESIANS CHAPTER 1
APRIL 4TH:	EPHESIANS CHAPTER 2
APRIL 18TH:	EPHESIANS CHAPTER 3
APRIL 30TH:	EPHESIANS CHAPTER 4
MAY 16TH:	EPHESIANS CHAPTER 5
MAY 30TH:	EPHESIANS CHAPTER 6

An Introduction to Ephesians:

Welcome to our study of the book of Ephesians! We are excited to see all that the LORD has planned for us as we study this letter to the Ephesian church. Our goal is to assist you in your personal study of God's word. To that end, we are using a simple approach in this question packet to help you hear what the LORD is speaking to you. Should you wish to dig in with deeper, in-depth study, we have available an inductive Bible study written by Debbie Abeelen of Morning Star Chapel. We have used a few of the questions from her book in this packet as well.

Our prayer is that you will discern the voice of God speaking to you, His beloved. May you be richly blessed as you seek after Him with your whole heart!

Rise up! See all that the LORD has in store for you.

The SOAP bible study Method:

This method begins by reading through the section of scripture and taking time to further dig into a verse that ministers to you. After choosing a verse, you write the verse down and take time to ponder and answer the following questions:

S – SCRIPTURE

Physically write out the Bible verse

You'll be amazed at what God will reveal to you when you slow down to write or meditate on what you are reading!

O – OBSERVATION

What do you see in the verses you're reading?

Who is the audience? Is there a repetition of words? What words stand out to you?
What is the main lesson or theme?

A – APPLICATION

When God's Word becomes personal

What is God saying to me today? How can I apply what I just read to my life? Are there any changes I need to make?

P – PRAYER

Pray God's Word back to Him

If He has revealed something to you during this time in His Word, pray about it. Confess if He has revealed some sin that is in your life. Take time to thank Him for His goodness in your life.

An Overview of Ephesians:

Read through the book of Ephesians several times over the course of the two weeks. Either in your bible, a commentary, or online, read about the background to the book of Ephesians.

After reading through the book of Ephesians, choose a verse that excites you or wets your appetite for further study. Use the SOAP method to dig into the verse and see what the LORD would say to you.

Scripture: _____

Observation: _____

Application: _____

Prayer: _____

Ephesians Chapter 1

Always begin Bible Study in Prayer. It is the Holy Spirit who teaches us and without Him we are only doing a memory exercise with no spiritual results.

This week, read through Ephesians chapter 1 and answer the following questions:

1. What are the main topics covered in this chapter? _____

2. Read through verses 1 to 14.

a) Write down the spiritual blessing(s) that most speak to you.

b) How does this truth minister to you? _____

3. Read through verses 15 to 23. What aspects of Paul's prayer do you find:

a) Encourage you _____

b) Challenge you _____

4. How can you put into practice what the LORD has shown you this week? _____

5. Choose a verse from Chapter 1 and dig in deeper using the SOAP method.

Scripture: _____

Observation: _____

Application: _____

Prayer: _____

Ephesians Chapter 2

Always begin Bible Study in Prayer. It is the Holy Spirit who teaches us and without Him we are only doing a memory exercise with no spiritual results.

This week, read through Ephesians chapter 2 and answer the following questions:

1. What are the main topics covered in this chapter? _____

2. Read through verses 1 to 10.

a) What stands out to you in these verses? _____

b) How does this truth minister to you? _____

3. Do you realize the “riches” you possess as a believer in Jesus Christ? Pray, asking Him to cause you to walk in these “spiritual riches” today.

4. Read through verses 11 to 22.

a) What stands out to you in these verses? _____

b) How does this truth minister to you? _____

5. How can you put into practice what the LORD has shown you in this chapter? _____

6. Choose a verse from Chapter 2 and dig in deeper using the SOAP method:

Scripture: _____

Observation: _____

Application: _____

Prayer: _____

Ephesians Chapter 3

Always begin Bible Study in Prayer. It is the Holy Spirit who teaches us and without Him we are only doing a memory exercise with no spiritual results.

This week, read through Ephesians chapter 3 and answer the following questions:

1. What are the main topics covered in this chapter? _____

2. Read through verses 1 - 13.

a) What stands out to you in these verses? _____

b) How does this truth minister to you? _____

3. Read through verses 14 - 21.

a) What stands out to you in these verses? _____

b) How does this truth minister to you? _____

4. How can you put into practice what the LORD has shown you in this chapter? _____

5. Choose a verse from Chapter 3 and dig in deeper using the SOAP method:

Scripture: _____

Observation: _____

Application: _____

Prayer: _____

Ephesians Chapter 4

Always begin Bible Study in Prayer. It is the Holy Spirit who teaches us and without Him we are only doing a memory exercise with no spiritual results.

This week, read through Ephesians chapter 4 and answer the following questions:

1. What are the main topics covered in this chapter? _____

2. Read through verses 1 - 16.

a) What stands out to you in these verses? _____

b) How does this truth minister to you? _____

3. Read through verses 17 - 24.

a) What stands out to you in these verses? _____

b) How does this truth minister to you? _____

4. Read through verses 25 - 32.

a) What stands out to you in these verses? _____

b) How does this truth minister to you? _____

5. How can you put into practice what the LORD has shown you in this chapter? _____

6. Choose a verse from Chapter 4 and dig in deeper using the SOAP method:

Scripture: _____

Observation: _____

Application: _____

Prayer: _____

Ephesians Chapter 5

Always begin Bible Study in Prayer. It is the Holy Spirit who teaches us and without Him we are only doing a memory exercise with no spiritual results.

This week, read through Ephesians Chapter 5 and answer the following questions:

1. What are the main topics covered in this chapter? _____

2. Read through verses 1 to 21.

a) What stands out to you in these verses? _____

b) How does this truth minister to you? _____

3. Read through verses 22 - 33.

a) What stands out to you in these verses? _____

b) How does this truth minister to you? _____

4. How can you put into practice what the LORD has shown you in this chapter? _____

5. Choose a verse from Chapter 5 and dig in deeper using the SOAP method:

Scripture: _____

Observation: _____

Application: _____

Prayer: _____

Ephesians Chapter 6

Always begin Bible Study in Prayer. It is the Holy Spirit who teaches us and without Him we are only doing a memory exercise with no spiritual results.

This week, read through Ephesians Chapter 6 and answer the following questions:

1. What are the main topics covered in this chapter? _____

2. Read through verses 1 to 9.

a) What stands out to you in these verses? _____

b) How does this truth minister to you? _____

3. Read through verses 10 - 24.

a) What stands out to you in these verses? _____

b) How does this truth minister to you? _____

4. How can you put into practice what the LORD has shown you in this chapter? _____

5. Choose a verse from Chapter 6 and dig in deeper using the SOAP method:

Scripture: _____

Observation: _____

Application: _____

Prayer: _____

More Tools for Personal Devotional Time

- ❖ Begin with Grace and Prayer!
- ❖ Read through your portion of scripture for the day until a verse or phrase catches your attention. Remember, God's Holy Spirit will use your natural curiosity to point you in the right direction. Write down the verse in your journal and think about it (meditate upon it) throughout your day/week.
- ❖ Use tools to dig into the verse you have written down. The following tools can be helpful:
 - Cross References - Either from your bible or verses the LORD brings to mind. Consider writing one or two of these in your journal if they bring more understanding to the verse, or if the LORD uses another verse to minister to you.
 - Definitions - Use a dictionary to define what various words mean, even if you think you know the definition.
 - If your bible does not have cross references, you can use the concordance in the back of your bible as well.
- ❖ Re-write the verse into your own words. Find scripture references to support the way you have interpreted the verse. If you are unable to support your interpretation with scripture, revisit your interpretation and see what the LORD is trying to show you.
- ❖ No matter what tool you use, consider writing in your journal a paragraph about what the LORD has shown you through the verse and/or cross references and how He has used it to minister to you. Then write a prayer sharing your heart with the LORD.

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- Tools for Bible Study – For when you desire to dig in further. Remember, Bible study can be used to dig in further to what the LORD has spoken to you during devotional time, but is not a replacement for devotional time.

Please use these tools carefully with discretion. Picking up your phone during devotional time to use an app can hinder your time with the Lord and distract you to other things. Commentaries can help to illuminate what the Lord has shown you. Use them once you have allowed the LORD to speak to you personally about what you are reading.

- Blue Letter Bible - for Definitions, meanings in original Hebrew or Greek, translation comparisons, cross-references, etc.
- My Sword Bible - For Android; you can download it from the website <http://www.mysword-bible.info/77-download>
- Commentaries recommended by Pastor Bert:
 - David Guzick
 - Matthew Henry
 - J. Vernon McGee
 - Warren Wiersbe